

BEHAVIORAL HEALTH CAREER ROADMAP

EDUCATION & TRAINING

High School Diploma or GED:

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Certification or Credential: 1 mth - 2 yrs

- Community Health Worker
- Peer or Forensic Specialist
- Youth or Family Peer Advocate
- Certified Recovery Peer Advocate
- Credentialed Alcoholism and Substance Abuse Counselor
- Direct Support Specialist
- Mental Health/Behavior/Psychiatric Tech

Associates Degree: 2 yrs

- Relevant majors Include*
- Human Services
 - Psychology
 - Sociology
 - Urban Studies
 - Addiction Studies
 - Children and Youth Studies
 - Aging Studies
 - Occupational Therapy

Bachelors Degree: 4 yrs

- Relevant majors Include*
- Social Work or Human Services
 - Psychology or Counseling
 - Criminal Justice
 - Political Science
 - Gender Studies
 - Youth Studies
 - Human Development
 - Health Sciences/Services
 - Nursing

Masters Degree: 2-3 yrs

- Relevant programs Include*
- Social Work
 - Mental Health Counseling
 - Psychology or Psychiatric Nursing
 - Public Policy and Administration
 - Public Health or Criminal Justice
 - Therapy (Marriage & Family Therapy, Occupational Therapy, Creative Arts Therapy)
- Licenses (may take additional time to qualify):*
- LMSW, LCSW, LMHC, LMFT, LCAT, OTR/L

Doctorate Degree: 5-6 yrs

- Relevant degrees Include*
- Ph.D.
 - Psy.D.
 - D.N.P.
 - D.S.W.
 - Dr. P.H.
 - OTD
 - M.D.
 - Ed.D
- *Additional time and requirements needed for licensure and specialized credentials*

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- Internships or Stipended Training in Human Services and Government
- Americorps or NYC Civic Corps Member
- Community Assistant
- Intake Worker
- Child Care Worker
- Camp Counselor
- Afterschool Group Leader

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- Community Health Worker
- Peer Support Worker
- Youth & Family Peer Advocates
- CRPA or Addictions Counselor
- Behavior/Psychiatric Technician
- Mental Health Technician
- Direct Support Professional

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- College Aide (*while in school*)
- Eligibility Specialist/Benefits Counselor
- Youth Development Specialist
- Occupational Therapy Assistant
- Residential or Program Aide or Activities Assistant
- Outreach Specialist
- Patient Navigator
- Hotline or Warmline Worker

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- Case Manager/Case Worker
- Community Coordinator/Program Coordinator
- Child Protective Specialist
- Family Resource Coordinator
- Program Manager
- Grant Writer or Grants Manager
- Public Health Educator or Community Organizer

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- Non-Profit Executive Director
- Program Director
- Policy Advisor
- Social Science Researcher
- Social Worker
- Mental Health Counselor
- Psychologist or Clinical Care Coordinator
- Psychiatric Nurse Practitioner
- Physician Assistant
- Occupational Therapist

Settings for public sector jobs include:
Clinics, Govt., Hospitals, Justice System, Non-Profits, Older Adult Centers, Rehab Centers, Schools, Shelters, and more.

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- College Professor or Dean
 - Psychiatrist
 - Private Practice Therapist
 - Clinical Psychologist
 - Clinical Director
- *Positions at previous stages also apply*

SAMPLE JOB OPPORTUNITIES

RESOURCE LINKS

- Some jobs may not require specific degrees, but combined training and relevant experience. Learn more at careeronestop.org/ExploreCareers
- Take a career assessment at careeronestop.org/Toolkit
- Learn about different types of therapy that clinical professionals can practice: psychologytoday.com/us/types-of-therapy
- Search government jobs at cityjobs.nyc.gov and view civil service exams at nyc.gov/dcas. Access job seeker resources at nyc.gov/jobseekers
- Learn more about the Mayor's Office of Community Mental Health and access all Career Roadmap resources at nyc.gov/mentalhealth