

BEHAVIORAL HEALTH CAREER ROADMAP

EDUCATION & TRAINING

High School Diploma or GED:

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1

Certification or Credential: 1 mth - 2 yrs

- Community Health Worker
- Peer or Forensic Specialist
- Youth or Family Peer Advocate
- Certified Recovery Peer Advocate
- Credentialed Alcoholism and Substance Abuse Counselor
- Direct Support Specialist
- Mental Health/Behavior/Psychiatric Tech

2

Associates Degree: 2 yrs

Relevant majors Include

- Human Services
- Psychology
- Sociology
- Urban Studies
- Addiction Studies
- Children and Youth Studies
- Aging Studies
- Occupational Therapy

3

Bachelors Degree: 4 yrs

Relevant majors Include

- Social Work or Human Services
- Psychology or Counseling
- Criminal Justice
- Political Science
- Gender Studies
- Youth Studies
- Human Development
- Health Sciences/Services
- Nursing

4

Masters Degree: 2-3 yrs

Relevant programs Include

- Social Work
- Mental Health Counseling
- Psychology or Psychiatric Nursing
- Public Policy and Administration
- Public Health or Criminal Justice
- Therapy (Marriage & Family Therapy, Occupational Therapy, Creative Arts Therapy)

Licenses

(may take additional time to qualify):

- LMSW, LCSW, LMHC, LMFT, LCAT, OTR/L

5

Doctorate Degree: 5-6 yrs

Relevant degrees Include

- Ph.D.
- Psy.D.
- D.N.P.
- D.S.W.
- Dr. P.H.
- OTD
- M.D.
- Ed.D

**Additional time and requirements needed for licensure and specialized credentials*

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- Internships or Stipended Training in Human Services and Government
- Americorps or NYC Civic Corps Member
- Community Assistant
- Intake Worker
- Child Care Worker
- Camp Counselor
- Afterschool Group Leader

- Community Health Worker
- Peer Support Worker
- Youth & Family Peer Advocates
- CRPA or Addictions Counselor
- Behavior/Psychiatric Technician
- Mental Health Technician
- Direct Support Professional

- College Aide (*while in school*)
- Eligibility Specialist/Benefits Counselor
- Youth Development Specialist
- Occupational Therapy Assistant
- Residential or Program Aide or Activities Assistant
- Outreach Specialist
- Patient Navigator
- Hotline or Warmline Worker

- Case Manager/Case Worker
- Community Coordinator/Program Coordinator
- Child Protective Specialist
- Family Resource Coordinator
- Program Manager
- Grant Writer or Grants Manager
- Public Health Educator or Community Organizer

- Non-Profit Executive Director
- Program Director
- Policy Advisor
- Social Science Researcher
- Social Worker
- Mental Health Counselor
- Psychologist or Clinical Care Coordinator
- Psychiatric Nurse Practitioner
- Physician Assistant
- Occupational Therapist

- College Professor or Dean
- Psychiatrist
- Private Practice Therapist
- Clinical Psychologist
- Clinical Director

**Positions at previous stages also apply*

Settings for public sector jobs include:

Clinics, Govt., Hospitals, Justice System, Non-Profits, Older Adult Centers, Rehab Centers, Schools, Shelters, and more.

SAMPLE JOB OPPORTUNITIES

RESOURCE LINKS

- Some jobs may not require specific degrees, but combined training and relevant experience. Learn more at careeronestop.org/ExploreCareers
- Take a career assessment at careeronestop.org/Toolkit
- Learn about different types of therapy that clinical professionals can practice: psychologytoday.com/us/types-of-therapy
- Search government jobs at cityjobs.nyc.gov and view civil service exams at nyc.gov/dcas. Access job seeker resources at nyc.gov/jobseekers
- Learn more about the Mayor's Office of Community Mental Health and access all Career Roadmap resources at nyc.gov/mentalhealth