BEHAVIORAL HEALTH CAREER ROADMAP

EDUCATION & TRAINING		SAMPLE JOB OPPORTUNITIES
High School Diploma or GED: • High School Diploma or GED	1	• Internships or Stipended Training in Human Services and Government • Americorps or NYC Civic Corps Member • Community Assistant • Intake Worker or Child Care Worker • Camp Counselor or Afterschool Group Leader
Certification or Credential: 1 mth - 2 yrs • Community Health Worker • Peer or Forensic Specialist • Youth or Family Peer Advocate • Certified Recovery Peer Advocate • Credentialed Alcoholism and Substance Abuse Counselor • Direct Support Specialist • Mental Health/Behavior/Psychiatric Tech	2	• Community Health Worker • Peer Support Worker • Youth & Family Peer Advocates • CRPA or Addictions Counselor • Mental Health/Behavior/Psychiatric Technician • Direct Support Professional
Associates Degree: 2 yrs ***Relevant majors Include*** • Human Services • Psychology or Sociology • Urban Studies • Addiction Studies • Children and Youth Studies or Aging Studies • Occupational Therapy	3	• College Aide *(while in school)* • Eligibility Specialist/Benefits Counselor • Youth Development Specialist • Occupational Therapy Assistant • Residential or Program Aide or Activities Assistant • Outreach Specialist • Patient Navigator • Hotline or Warmline Worker
Bachelors Degree: 4 yrs ***Relevant majors Include*** • Social Work or Human Development • Psychology, Counseling, or Human Services • Criminal Justice or Political Science • Youth Studies or Gender Studies • Nursing or Health Sciences/Services	4	• Case Manager/Case Worker • Community Coordinator/Program Coordinator • Child Protective Specialist • Family Resource Coordinator • Program Manager • Grant Writer or Grants Manager • Public Health Educator or Community Organizer
Masters Degree: 2-3 yrs ***Relevant majors Include*** • Social Work or Mental Health Counseling • Psychology or Psychiatric Nursing • Public Health or Criminal Justice • Public Policy and Administration • Therapy (Marriage & Family Therapy, Occupational Therapy, Creative Arts Therapy) ***Licenses (may take additional time to qualify):*** • LMSW, LCSW, LMHC, LMFT, LCAT, OTR/L	5	• Non-Profit Executive Director or Program Director • Policy Advisor or Social Science Researcher • Social Worker or Mental Health Counselor • Psychologist or Clinical Care Coordinator • Psychiatric Nurse Practitioner • Physician Assistant • Occupational Therapist ***Settings for public sector jobs include:*** Clinics, Govt., Hospitals, Justice System, Non-Profits, Older Adult Centers, Rehab Centers, Schools, Shelters, and more.
Doctorate Degree: 5-6 yrs ***Relevant majors Include*** • Ph.D., Psy.D., D.N.P, D.S.W., Dr. P.H., OTD, M.D., Ed.D ****Additional time and requirements needed for licensure and specialized credentials***	6	• College Professor or Dean • Psychiatrist or Clinical Psychologist • Private Practice Therapist • Clinical Director ****Positions at previous stages also apply***

RESOURCE LINKS

- Jobs may not require specific degrees, but combined training and experience: careeronestop.org/ExploreCareers
- Learn about different types of therapy that clinical professionals can practice: psychologytoday.com/us/types-of-therapy
- Search government jobs at cityjobs.nyc.gov and view upcoming civil service exams at nyc.gov/dcas
- Learn more about the Mayor's Office of Community Mental Health and access all Career Roadmap resources at nyc.gov/mentalhealth

My Career Goals: Mark your interests and achievements above and add in notes about your plan below

NYC Mayor's Office of Community Mental Health

MAKE A DIFFERENCE WITH A CAREER IN BEHAVIORAL HEALTH

Who are Behavioral Health Professionals?

Behavioral health professionals respond to the mental, emotional, or substance use challenges of individuals and communities, promoting well-being through work with people seeking services and also in administrative positions to make systems change. The public sector workforce includes many job openings at every level of experience and in a variety of settings including non-profits, government agencies, hospitals, shelters, schools, rehab facilities, and more. Growth of behavioral health careers in NYS is projected to continue expanding by more than 25% through 2030. This means there is tremendous opportunity for YOU to become a behavioral health professional!

We hope this guide can help you, and the community members you know, to understand the wide range of career opportunities in behavioral health, as well as the credential programs and college degrees that can prepare you for success.

The **Behavioral Health Career Roadmap** includes more than 40 sample jobs. While salary ranges will vary, below are some of the NYC regional salaries for Department of Labor standard occupational codes in behavioral health (2024).

SOC	Title	Average Salary
29-1223	Psychiatrists	$228,818
29-1122	Occupational Therapists	$126,549
19-3039	Psychologists, All Other	$111,194
21-1023	Mental Health and Substance Abuse Social Workers	$100,710
29-1092	Probation Officers and Correctional Treatment Specialists	$95,106
21-1029	Social Workers, All Other	$82,450
31-2011	Occupational Therapy Assistants	$81,463
21-2021	Child, Family, and School Social Workers	$79,512
21-1012	Educational, Guidance, School, and Vocational Counselors	$77,665
29-1129	Therapists, All Other	$76,133
21-1022	Healthcare Social Workers	$69,968
21-1091	Health Educators	$68,054
21-1094	Community Health Workers	$62,686
21-1015	Rehabilitiation Counselors	$58,995
29-2053	Psychiatric Technicians	$58,187
21-1019	Counselors, All Other	$56,208

SCAN this QR code to access download all materials and view the career pathway stories of NYC professionals.

1. Open the camera app on your device
2. Point the camera at the QR code
3. Tap the banner that appears
4. Download this guide and view additional career resources online

NYC Mayor's Office of Community Mental Health

About The Mayor's Office of Community Mental Health (OCMH):

The Mayor's Office of Community Mental Health is committed to promoting mental health for all New Yorkers so that more people can get the mental health support they need to live healthy and fulfilling lives. We collaborate with City agencies to reduce barriers to mental health care for marginalized communities through policy and strategy development, public and provider education, workforce development and supporting implementation of quality service delivery practices. We adopt a community-centered and strength-based approach that recognizes diverse perspectives, lived experiences, resilience, and the unique needs of New Yorkers

You can visit our website at nyc.gov/mentalhealth for more information and mental health resources.