

Walk-in Mental Health Hubs cont.

- **Safe Horizon Streetwork Harlem**
209 West 125th Street, New York,
NY 10027 | (212) 695-2220
- **Rising Ground**
165-13 Jamaica Avenue, 2nd Fl,
Jamaica, NY 11432
(718) 526-2400 ext. 2080
- **Rising Ground (Far Rockaway Site)**
1600 Central Avenue, Far Rockaway,
NY 11691 | (646) 518-1202
- **Project Hospitality (24/7)**
27 Port Richmond Avenue, Staten Island,
NY 10302 | (718) 876-4752

★ School-Based Services ★

NYC School Mental Health Services

- **NYC Schools:**
<https://www.schools.nyc.gov/school-life/health-and-wellness/mental-health>
- Some NYC public/charter schools offer free mental health support via school social workers, counselors, and local clinic partnerships--ask your school's guidance office if one is available.

★ LGBTQIA+ ★

- **Ali Forney Center (for Youth)**
 - aliforneycenter.org
 - Multiple locations across NYC (24 hr drop in center in Midtown NYC)
 - Mental health services, housing, & community for LGBTQ+ youth.

★ Get Support Now/Crisis ★

Hotlines for Support

- **988 Suicide & Crisis Hotline-24/7**
confidential support:
 - Call or text 988
 - <https://nyc988.cityofnewyork.us/en/>
- **Alcohol & Substance Abuse Hotline:**
 - **Call** 1-877-8-HOPENY (467369) or
 - **Text** HOPENY(467369)
- **National Domestic Violence Hotline:**
 - 1 800 799 SAFE(7233)
- **Trans Lifeline:**
 - <https://translifeline.org/hotline/>

Mobile Crisis Teams (All ages)

- Call or text 988 to request a team
- Mental health professionals and peer support workers can meet you at home or at school.

Walk-in Mental Health Hubs (16-21yrs)

- **The Door**
2999 Third Avenue, Bronx, NY
10455 | (646) 230-1037
- **The Door**
555 Broome Street, New York, NY 10013
(646) 690-8986
- **SCO Family Services (24/7)**
774 Rockaway Avenue, Brooklyn, NY 11211
(718) 685-3850
- **Ali Forney Center (24/7)**
307 W 38th Street, New York, NY 10018
(212) 206-0574

Youth Mental Health and Substance Use Services

This guide connects youth and their supporters to resources that reflect their needs, in their own words--from safer spaces to sleep to someone who will truly listen. Every need is valid!

★ Before You Refer, Ask First ★

Youth knows what they need. The best way to help is by asking, not assuming.

Listen for needs like:

- **A warm bed:** "I'm not sure where I'm staying tonight."
- **A break:** "I just need a place to chill out and not be judged."
- **A connection:** "I want someone to talk to who gets it."
- **A future:** "I want help with school, work, or finding a purpose."
- **Safety:** "Home doesn't feel safe now."
- **Support for someone else:** "My friend/sibling is going through it and I don't know what to do."

★ Counseling/Ongoing Support ★

- **The Door (12-24 yrs)**
2999 Third Avenue, Bronx, NY
10455 | (646) 230-1037
 - Free, comprehensive services for youth including mental healthcare
- **Start Care – Teen START (12-17 yrs)**
119-121 W 124th St., NY, NY
 - <https://startcare.org/>
 - Psychiatric treatment services, psychoeducation, care coordination, vocational counseling.
- **OnTrackNY (16-30 yrs)**
 - <https://www.ontrackny.org/For-teens-young-adults>
 - Get support navigating mental health challenges

★ Drug and Alcohol Use ★

- **Start Care – Teen START (12-17 yrs)**
119-121 W 124th St., NY, NY
 - <https://startcare.org/>
 - Harm reduction education services
- **Montefiore Medical Center**
1510 Waters Place, Bronx, NY 10470
 - Outpatient clinic
- **Elmcor Youth and Adult Activities, Inc.**
107-20 Northern Blvd., Corona, NY 11368
 - Outpatient clinic
- **Dynamic Youth**
1830 Coney Island Ave., Brooklyn, NY
 - Outpatient clinic, residential treatment

- **Outreach**
16-14 Weirfield St., Ridgewood, NY 11385
 - Residential rehabilitation
- **Acacia / Promesa**
311 E 175th St, Bronx, NY 10457
 - Residential rehabilitation
- **HOPEline Services For Help and Hope (24/7) (Toll free + Confidential)**
 - Call [1-877-8-HOPENY](tel:1-877-8-HOPENY) (467369) or
 - Text [HOPENY](tel:1-877-8-HOPENY) (467369)
 - Call staff 24/7 for resources

★ Healthy Relationships ★

NYC Family Justice Centers

- Free and confidential assistance for survivors of domestic and gender-based violence.
 - **Call 311** for the nearest NYC Family Justice Center (Mon-Fri, 9a-5p)
 - Find resources and support in NYC by searching the City's **NYC HOPE Resource Directory**.
 - **NYC's 24-Hour Hope Hotline:** 1-800-621-HOPE (4673) for immediate safety planning, shelter assistance, and more. TTY: 800-810-7444

★ Justice-Involved ★

CASES- Nathaniel Clinic

- For people impacted by the criminal legal system. Child/adult psychiatrists, licensed social workers/therapists, and primary health care professionals.

- **2090 Adam Clayton Powell, Jr. Blvd,**
4th Fl, New York, NY 10027
 - <https://www.cases.org/nathaniel-clinic/>
 - (212) 553-6708
 - [Harlem Nathaniel Clinic Referral Form](#)
- **424 E. 147th Street (9a-4pm Walk In)**
1st Fl, Bronx, NY 10455
 - 212-553-6711
 - [Bronx Nathaniel Clinic Referral Form](#)

★ Runaway/Temp Housing ★

Association to Benefit Children (ABC)

- **The Fast Break Network** offers a full range of children's mental health services including a variety of therapies, treatments, psychiatric assessments, and medication management.
 - www.a-b-c.org/mental-health-care
 - Call: 646 459 6165

★ Behavioral Health Career ★

- **Become a NYS Credentialed Youth Peer Advocate (YPA)!**
 - Between the ages of 18-30
 - Experience living with a mental health and/or substance use disorder
 - Have received services in any of the child-serving systems (juvenile justice, special education, foster care)
 - <https://www.ftnys.org/yp-ypa-credential/>
 - Call (518) 432-0333 ext.18 and leave a voicemail.